

Northumberland IASS Information Bulletin – October 2019 - Issue 1

Welcome to the Northumberland IASS information quarterly Bulletin sharing information with you on local events, services and news in Northumberland and the North East for children and young people with SEND (special educational needs and/or disabilities) and their families.

SPOTLIGHT ON: IPSEA (Independent Provider of Special Education Advice)

IPSEA is a national charity which offers free and independent legally based SEND information, advice and support. They also provide training on the SEND legal framework to parents and carers, professionals and other organisations. Their website has a wide range of legal advice and resources.

IPSEA also have a Tribunal Support Service [IPSEA Tribunal Support Service](#) where a referral can be made for more extensive casework support from a volunteer. The IPSEA advice services are delivered by a national network of around 200 highly trained volunteers, supervised and supported by IPSEA's Legal Team members.

Visit the IPSEA website for further information at www.ipsea.org.uk.

Organisation

Beacon Films is based in West Jesmond, Newcastle and supports young people and adults with learning disabilities, autism and additional needs to make films. These films are screened all over the world, challenging audiences and receiving praise from across the creative sectors.

Information/Events

Beacon Films BFI Film Academy 2019 is now open for applications for young people who will be aged between 16 and 19 years on 1 December 2019.

They offer the opportunity for young people with learning disabilities, autism and additional needs to make and star in their own film. The Film Academy offers 11 FREE filmmaking workshops from December 2019 up until February half term 2020. All sessions take place outside of school time. NO film-making experience is required to take part. Just enthusiasm! To apply for a place – sign up for a taster session at:

<https://www.beaconfilms.org.uk/filmacademy>

If you miss the taster sessions or are unable to attend any of the dates, please contact Beacon Films to find out more about applying. Deadline for ALL applications is Thursday 29 November 2019.

To find out more about other opportunities throughout the year, contact Beacon Films or visit their website.

Organisation

Border Links Ltd is a community enterprise based in Berwick, covering north Northumberland/Scottish Borders, which develops new and exciting opportunities to support social and economic inclusion for people with learning disabilities - enabling them to play a part, gain in confidence and get the most out of life in their own community.

Email: Borderlinks@btconnect.com

Website: www.borderlinks.co.uk

Information/Events

Berwick Community Drop in – Berwick Parish Church Hall

1st and 2nd Tuesday each month – 1.00 pm – 2.30 pm. 3rd Tuesday – 10.30 am – 12.00 pm

Includes activities and refreshments.

Cost: £2.00

Kelso Community Drop in – Kelso Rugby Club

2nd Tuesday each month – 1.30 pm – 2.30 pm

Includes activities and refreshments.

Cost: £2.00

Meet & Move

Free community movement sessions

4th Tuesday each month

Berwick Voices Social evening – Costa Coffee, Berwick

3rd Friday each month – 6.00 pm – 7.30 pm

Meet up with friends or make new ones. One free hot drink per person (also for carers and support staff).

Border Links Disco and Karaoke - The Black and Gold, Berwick

1st Wednesday each month – 7.00 pm

Cost: £3.00

BOCCIA – Southfield Community Centre, Duns

Monthly – 10.30 am – 12.00 pm

Cost: £2.00 (including refreshments)

Organisation

Calmer Therapy is based in Guidepost and supports children, young people and adults who have additional needs, disabilities and mental health needs. They offer support, training, advice and activities. Diagnosis isn't required.

They also offer support to the whole family. Siblings and friends/family members are welcome to all our sessions.

Email: calmertherapy@mail.com

Website: <http://facebook.com/calmertherapypage/?ti=as>

Information/Events

Calmer Therapy offers weekly clubs which include:

- social community enterprise group for ages 12 plus
- family Pilates for children all ages and adults
- family group for all ages
- football club for ages 3 - 17
- family karate for children of all ages and adults
- fortnightly exclusive sessions at Airbox bounce for children of all ages and adults
- social monthly groups for adults
- various activities and trips during half term holidays

Saturday 26 October 2019 – 11.00 am

Tiddly Kids – Calmer Therapy Centre, Guidepost
£15.00 per painter (including all materials)

Monday 28 October 2019 – 10.00 am – 1.00 pm

UPS Road Code Workshop – Calmer Therapy Centre, Guidepost
3 hour driving awareness programme. Promotes safety when in and around cars as a passenger and driver. An opportunity to have a go behind the wheel of a driving simulator and experience the effects of dangerous driving from the safety of a chair, using a virtual reality headset.
13 – 18 years old
FREE session

Tuesday 29 October 2019 – 10.00 am – 3.00 pm

Halloween arts and crafts – Calmer Therapy Centre, Guidepost
£3.00 per child

Wednesday 30 October 2019 – 10.00 am – 5.00 pm

Game Day Events – Seaton Burn
Halloween Minecraft Competition
Half day - £10.00
Full day - £20.00 (lunch not included)

Friday 1 November 2019 – 11.30 am – 1.00 pm

Gigglewicks Village (A World of Imagination) - Cramlington
Cost: £3.00 per child

Organisation

Evergreen Teens (North East) Limited is a programme dedicated to giving young people with additional needs a safe space to socialise with their friends. Open to any young person with additional needs or challenging behaviours.

Email: Toniglynne.dunn@gmail.com

Website: <http://www.evergreenteens.co.uk>

Information/Events**Weekly Monday youth session – 5.30 pm – 7.30 pm – Amble Methodist Church Hall, Percy Street**

Sessions include evening meal prepared and cooked by young people.
Cost: £4.00. Young People from 13+.

Monday 28 October – 5.30 pm – 8.30 pm

Halloween party
Cost: £4.00 (including party food).

Organisation

Hippotherapy Northumberland is a community club, operating from Townfoot Stables, Shilbottle and Kirkley Hall Equestrian College, Ponteland. It is a registered charity which provides an opportunity of Therapeutic Sport for children and young people with disabilities, who will experience an active physical workout through a horse. There is interaction in and with 'normal' environments and young people (volunteers) therefore succeeding, achieving, engaging in and with physical activity, sport and games.

Email: hipponorthumberland@gmail.com

Website: <https://www.facebook.com/Hippotherapy-Northumberland-376814322445071/>

Information/Events

6 week (termly) sessions

Hippotherapy is subsidised by charitable donations and grants and 'partners' with families in the cost.

Cost: £6.00 annual membership

Subsidised cost: £130 per term

Cost: £55.00 - If an assessment and 'taster' session is required by families prior to commitment (this is then deducted from the full fee of £130 when proceeding with the full term - missed sessions are not refundable).

Suitability - Any child 6 months -18 years with complex motor neurone disability/syndrome, requires an assessment to ensure the activity is one which will benefit the child, taking into account their medical condition. This assessment is by an HPC registered chartered physiotherapist, specialist paediatric neuro-developmental area and certified in hippotherapy.

There is wheelchair accessibility but ability to weight bear with assistance/support is required. The assessment will also give an indication of individual approach and input required to maximize the positive impact of Hippotherapy.

Organisation

SMILE Through Sport is a disability organisation providing a wide range of sport and activity sessions across the North East for individuals with a disability and their families.

Activity sessions and events are fun, friendly and delivered in a relaxed welcoming environment. Activities are for all ages and all disabilities.

Email: carl@smilethroughsport.com / rachel@smilethroughsport.com

Website: <http://www.smilethroughsport.com/>

Information/Events

Family Taster Activity Sessions

Willowburn Leisure Centre, Willowburn Avenue, Alnwick, NE66 2JH

Sunday 2 February 2020 and Sunday 7 June 2020 - 10.00 am – 12.00 pm

Taster session for families with a disabled child or adult to take part in sports and physical activities together.

Type of need: All disabilities

Ages: minimum age 4 years, no upper age limit

Cost: FREE

Concordia Leisure Centre, Forum Way, Cramlington, NE23 6YB

Saturday 7 March 2020 and Sunday 5 July 2020 – 1.30 pm – 2.30 pm

Taster session for families with a disabled child or adult to take part in sports and physical activities together.

Type of need: All disabilities

Ages: minimum age 4 years, no upper age limit

Cost: FREE

Family Taster Activity Sessions

Riverside Leisure Centre, New Market, Morpeth, NE61 1PR

Sunday 5 April 2020 - 10.00 am – 12.00 pm

Taster session for families with a disabled child or adult to take part in sports and physical activities together.

Type of need: All disabilities

Ages: minimum age 4 years, no upper age limit

Cost: FREE

Family Taster Activity Sessions

Prudhoe Community High School, Moor Road, Prudhoe, NE42 5LJ

Saturday 2 November 2019 and 2 May 2020 – 1.30 pm – 3.30 pm

Taster session for families with a disabled child or adult to take part in sports and physical activities together.

Type of need: All disabilities

Ages: minimum age 4 years, no upper age limit

Cost: FREE

Family Activity Sessions

Ashington Leisure Centre, Lintonville Terrace, Ashington, NE63 9JY

Monthly activity session for families with a disabled child or adult to take part in sports and physical activities together.

Type of need: All disabilities

When: 2nd Saturday of the month.

Time: 1.30 pm - 2.30 pm – 4 - 7 years

2.30 pm -3.30 pm – 8+ years

Cost: £2 per person (first session FREE)

This session runs every month until July 2020, excluding December 2019.

The Swan Centre, Northumberland Road, Tweedmouth, Berwick, TD15 2AS

Monthly activity session for families with a disabled child or adult to take part in sports and physical activities together.

Type of need: All disabilities

When: 3rd Saturday of the month.

Time: 10.30 am -11.30 am – 4-7 years

11.30 am -12.30 pm – 8+ years

Cost: £2 per person (first session FREE)

This session runs every month until July 2020, excluding December 2019.

Northburn Sports and Community Centre, Crowhall Lane, Cramlington, NE23 3YP

Monthly activity session for families with a disabled child or adult to take part in sports and physical activities together.

Type of need: All disabilities

Ages: minimum age 4 years, no upper age limit

When: 4th Wednesday of the month. **Starting** Wednesday 22 January 2020.

Time: 6.30 pm -7.30 pm

Cost: £2 per person (first session FREE)

Boccia Northumberland

Ashington Leisure Centre, Lintonville Terrace, Ashington, NE63 9JY

Boccia session to learn and develop boccia skills in a fun and friendly environment. Open to all abilities and all levels of experience, whether new to the sport or are an experienced player there will be activities for everyone.

Type of need: All disabilities

When: 2nd and 4th Saturday of the month.

Time: 3.30 pm –5.00 pm

Cost: £3.50 per person

This session runs every month until July 2020, excluding December 2019.

Multi-Sport Sessions

Washington Leisure Centre, Washington, NE38 7SS

Junior Multi-Sport Session - Monthly sport session for disabled children to take part in a range of inclusive and adapted sports and activities. Siblings welcome.

Type of need: All disabilities

Ages: minimum age 4 years, no upper age limit

When: 4th Saturday of the month.

Time: 11.00 am-12.30 pm

Cost: £3 per person

This session runs every month until July 2020, excluding December 2019.

St James Community Centre, Well Way, Morpeth, NE61 1AF

Youth Multi-Sport Session – Monthly youth session for sensory support students to take part in a range of different sports and activities delivered every month. Friends and siblings are welcome.

Type of need: Visual and hearing impairment

When: 3rd Friday of the month. **Starting** Friday 15th November 2019.

Time: 6.30 pm -7.30 pm

Cost: FREE

This session runs every month until July 2020, excluding December 2019.

Organisation

The Toby Henderson Trust is based in Bedlington and offers a range of services for young people and their families who are affected by ASC (Autism Spectrum Conditions). They run a social group called MATES and a social group for Sibling Superstars. There are Social Communication Groups for children in mainstream education. They also run various family events and workshops.

Email: support@ttht.co.uk

Website: <http://www.ttht.co.uk>

Information/Events

Saturday 30 November 2019, 11.00 am – 1.30 pm – Toby House

Autism friendly Christmas Fayre.

Free event. You do not need to be a registered family to attend this event.

Sunday 8 December 2019, 12.30 pm – 3.00 pm - Village Hotel, near Silverlink

Autism friendly Christmas Lunch.

Cost: £15.50 per adult for a carvery. £6.50 per child for a turkey carvery or £5.50 for chicken nuggets and chips.

Booking is essential. You do not need to be a registered family to attend.

Workshops

Various workshops are organised for parents who have children with autism/going through a diagnosis of autism. Upcoming workshops: sleep issues, challenging behaviour/managing meltdowns, toilet issues, sensory issues, using visual aids, social stories and comic strip conversations. Keep up to date with the workshops by liking the Facebook page or checking the website. Professionals are also welcome to attend workshops. You do not need to be a registered family to attend, however if you are registered with the trust, workshops are half price. Booking is essential.

Please contact support@ttht.co.uk to book a place on a workshop or any other events which require booking and reference that you heard about the event via this bulletin.

Organisation

Useful Vision is based at Newburn, Newcastle upon Tyne and is a charity that supports children and young people who are vision impaired. They provide a range of free, accessible activities to reduce social isolation and to build confidence.

Email: Laura.tambin@usefulvision.org.uk

Website: <https://www.usefulvision.org.uk/>

Information/Events

Activities include:

Horse Riding – 4 years +

Trampolining – 4 years +

Regular Choir – all ages

Christmas pantomime – suitable for the whole family

Steel Drum Session – 7 years +

All activities are suitable for those with a vision impairment.

Once a child has been registered on the Useful Vision website, they can attend as many activities as they like, until their 19th birthday.

If you would like to be added to the distribution list to receive a copy of the Bulletin, or if you would like your details removed from the list, please email

julia.mccormack@northumberland.gov.uk.

Disclaimer:

Please note that we have done our best to ensure that the contents were correct at the time of printing. Contact julia.mccormack@northumberland.gov.uk to let us know about any inaccuracies/information that needs to be added.

Please noted that inclusion of services in the bulletin is not an endorsement or guarantee of that provision.